



Date: February 21, 2019

Your Location: _____

Name of Session: History Plays a Role in Health Today

For each statement below, please circle your answer.

| | | Strongly Disagree | Disagree | Neutral | Agree | Strongly Agree |
|----|--|-------------------|----------|---------|-------|----------------|
| 1. | Today's session was easy to understand. | 1 | 2 | 3 | 4 | 5 |
| 2. | Today's session kept me interested. | 1 | 2 | 3 | 4 | 5 |
| 3. | The information I learned today was new to me. | 1 | 2 | 3 | 4 | 5 |
| 4. | The information I learned today will help me understand why history is an important health factor. | 1 | 2 | 3 | 4 | 5 |
| 5. | The information I learned today helps me to understand holistic health. | 1 | 2 | 3 | 4 | 5 |
| 6. | I will use the information I learned today to help clients in a respectful way. | 1 | 2 | 3 | 4 | 5 |
| 7. | I would attend another Diabetes 101 education session. | 1 | 2 | 3 | 4 | 5 |

| | | Poor | Below Average | Average | Good | Excellent |
|----|-------------------------------|------|---------------|---------|------|-----------|
| 8. | Overall, I rate this session: | 1 | 2 | 3 | 4 | 5 |

| | | Just Right | Too Short | Too Long |
|----|--------------------------------|------------|-----------|----------|
| 9. | The length of the session was: | 1 | 2 | 3 |

10. What did you learn today that was new to you?

11. What is one thing that you will start doing differently after this session?

12. Other comments: (All comments are welcome and very helpful!)

Thank you, we value your comments!